

Reversible Chemo Hat

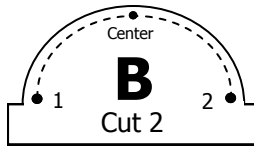
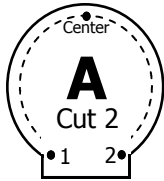


Reversible Chemo Hat with long ties.

Supply List:

- ✕ Sewing machine and Basic Sewing Kit
- ✕ Thread to match fabric for top stitching
- ✕ 2/3 yd fabric
- ✕ Marking pencil
- ✕ Favorite turning tool (a chopstick works great)

Cutting:

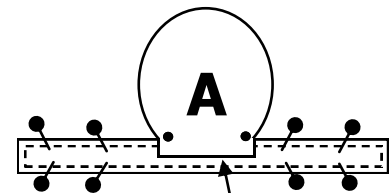


Cut 4 Ties

Long ties: cut 4 strips 1 3/4" x 30"
Short ties: cut 4 strips 1 3/4" x 10"

Assembly Directions:

1. Cut 2 of each pattern pieces **A** & **B**. Note that piece **B** is placed on the fold of the fabric. Cut 4 of either short ties or 4 long ties. Do not cut both sizes for one hat. For more of a tail on the ties that will dangle down the back, cut them 36" instead of 30".
2. With marking pen, transfer all dots to wrong side of fabric.
3. Sew ties at tabs to each side of pattern piece **B**.
4. Sew first unit - with right sides together, pin one piece **A** to one piece **B** matching at dot 1, center, and dot 2. Sew together from dot 1 to dot 2 using 1/4" seam allowance.
5. Sew second unit - with right sides together, sew remaining piece **A** to second piece **B** in same manner.
6. Sew first and second units together to make the reversible hat. With right sides together, pin together bottom of the two hat units including ties from dot 1 to dot 2. Leave bottom of **A** pieces open. Sew together using 1/4" seam allowance.
7. Turn hat right side out through opening at base of piece **A**.
8. Fold raw edges of opening to inside of hat. Hand stitch opening closed. Alternatively, fold and top stitch along edge to close and finish.



Leave open to turn.

Optional finishing touches:

1. Top stitch along edge of ties and bottom of hat. A soft rayon or cotton variegated thread adds a nice touch. Decorative stitching on the ties looks great, but no embroidery or embellishments that would add exposed rough or raw edges on any part of the hat that would touch the wearer's head. A chemo patient's skin often becomes sore to the touch.



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Center

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A

Size Adult

Cut 2

1/4" seam allowance included



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Fold line for Hem

Place on Fold

B

Size Adult

Cut 2

1/4" seam allowance included

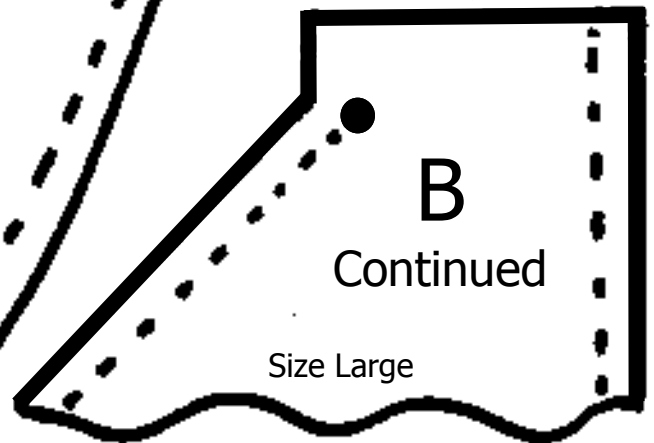
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Tape **B Continued** here

TAB (see Step 3)
Attach ties to B using 1/4" seam allowance. Press seams in opposite directions.



Before using, tape **B Continued** to pattern piece **B** to make a complete cutting template. Pattern piece B was divided so it would print on one 8½ x 11 piece of paper.



Center

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A

Size Youth

Cut 2

1/4" seam allowance included



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Fold line for Hem

Place on Fold

B

Size Youth

Cut 2

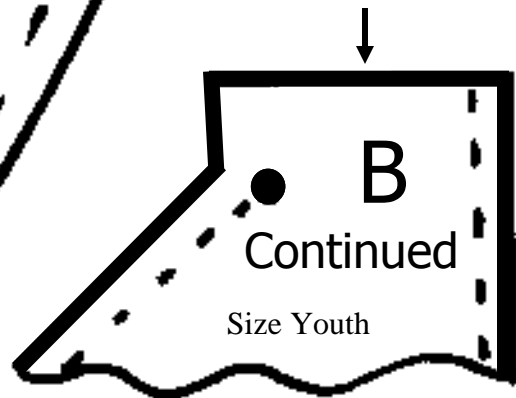
1/4" seam allowance included

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