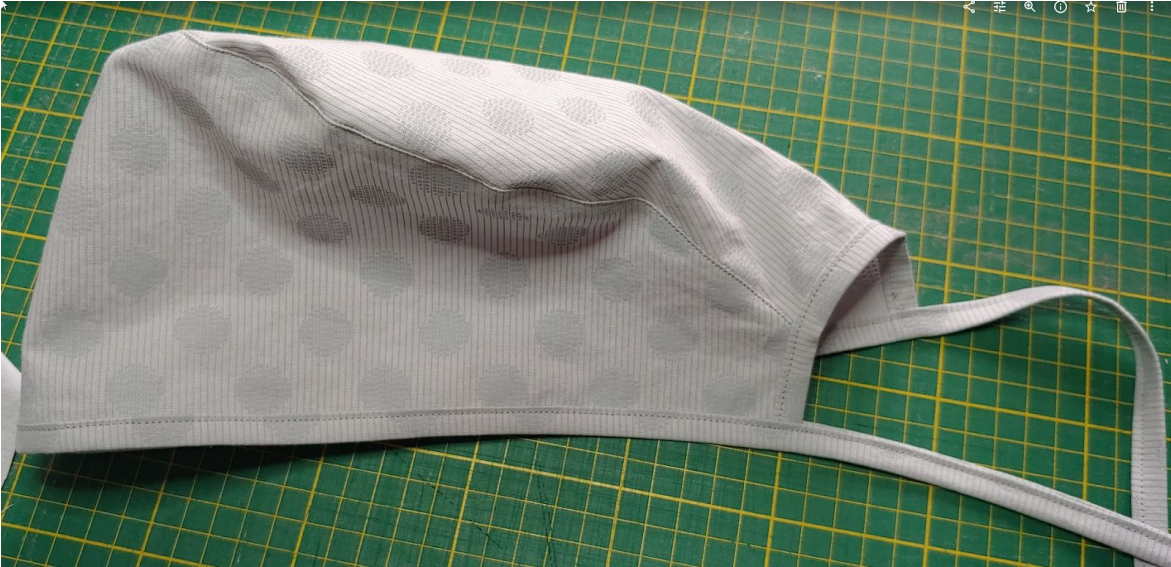


Surgical cap pattern and instructions



Materials:

For making two caps you will need:

- Printed chemo cap pattern by Judy Danz [here](#):
 - Make sure your printer does NOT have “fit to page” selected.
 - You only need pages 1 and 2 of the pattern printed to get Adult pieces A and B. You don’t need the youth size or the page of instructions since I am changing things up a bit.
 - Please note this pattern is not to be sold.
- ½ yard 100% cotton fabric 42-44 inches wide, washed and dried so it is pre-shrunk.
- Thread

Instructions:

1. Check that the pattern has been printed to the correct scale; Piece A should measure about 10 inches top to bottom. Cut out piece A and the two parts of piece B. Tape the two pieces of B together to form one pattern piece.

2. Iron fabric and fold in one selvedge 12.5 inches, then fold in the second selvedge to meet it. From this fabric cut the following: (See photo).
 - a. 2 of piece A

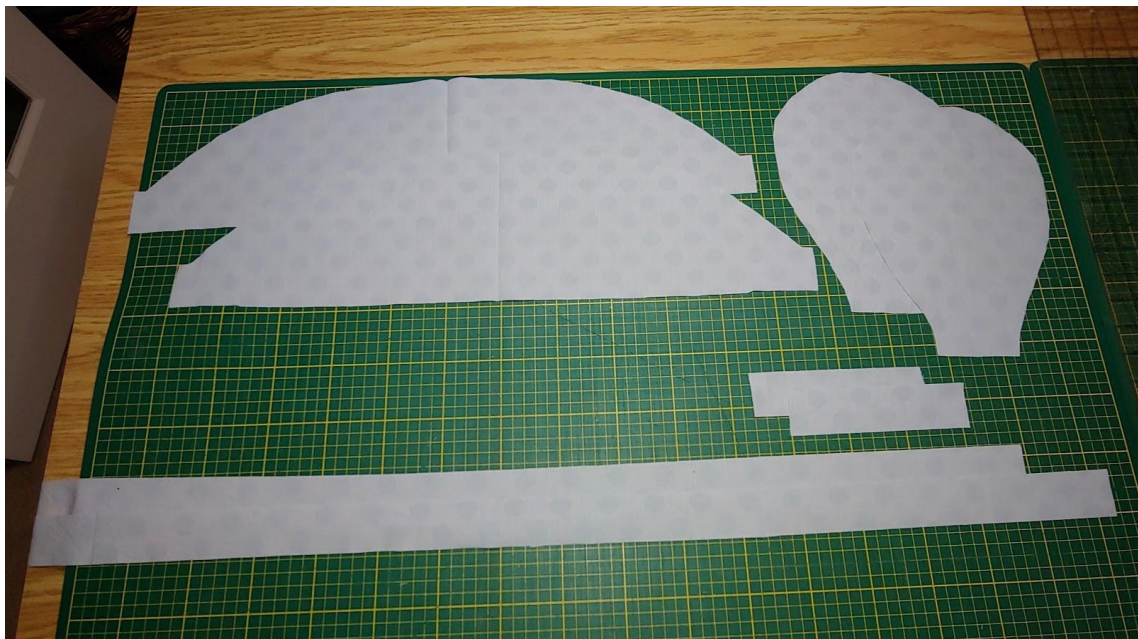
 - b. 2 of piece B on the fold

 - c. 2 full width-of-fabric(wof) strips each 1.5 inches wide and approximately 42 inches long for binding on B and ties.

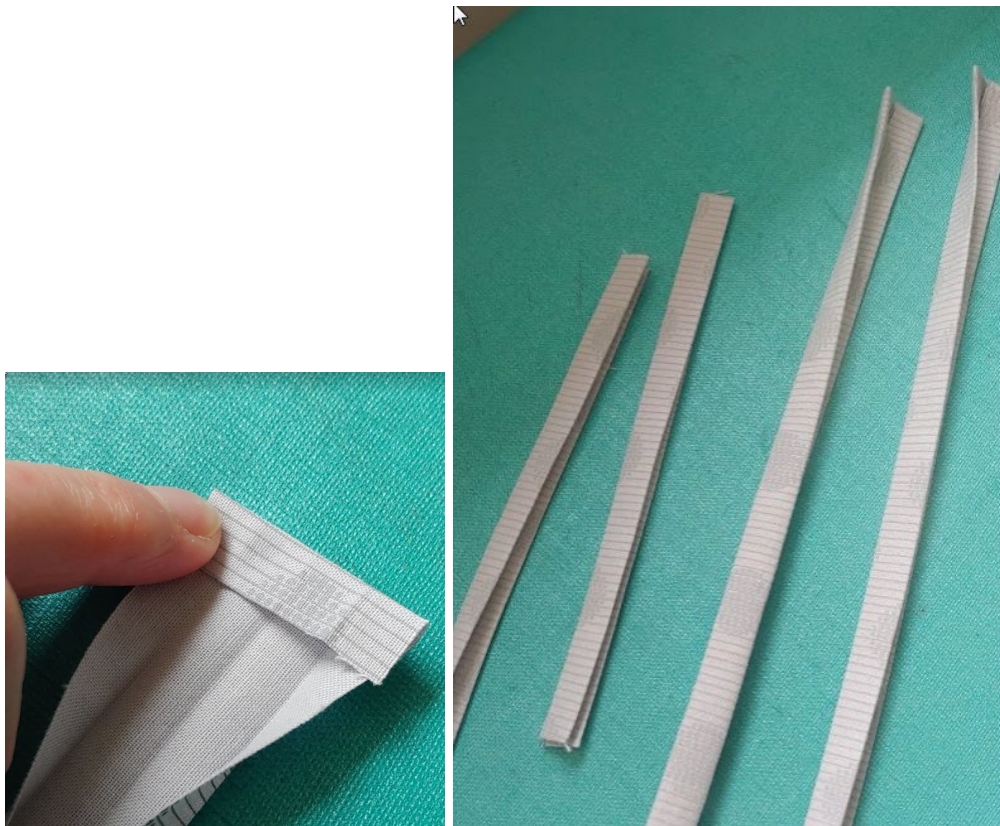
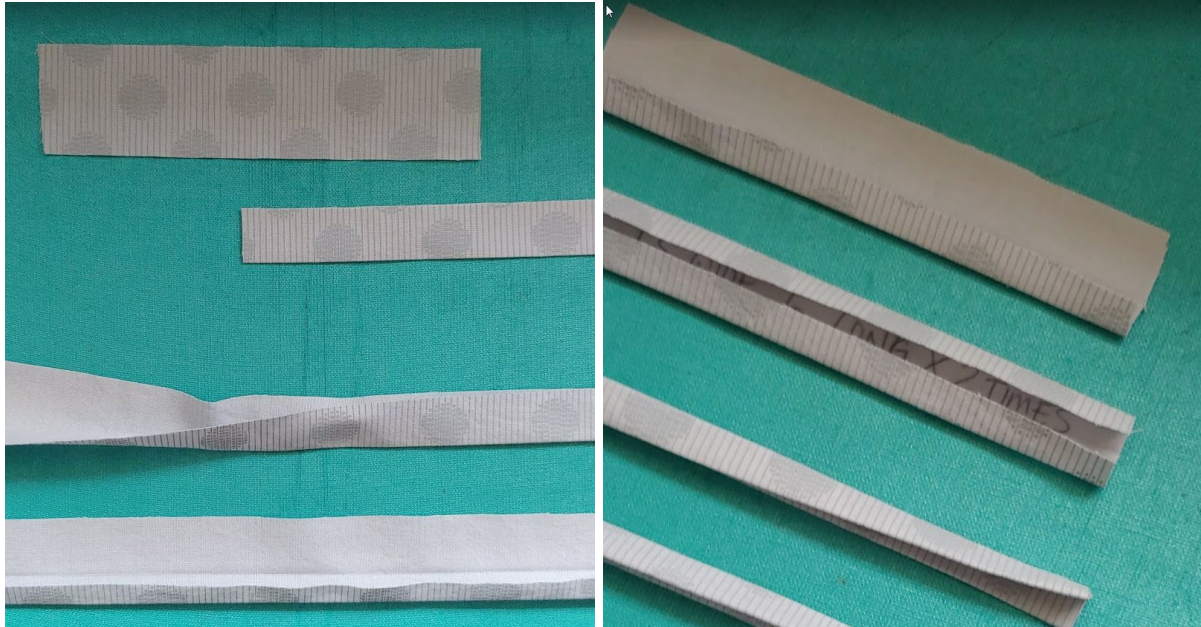
 - d. 2 fabric strips each 1.5 inches wide and 6 inches long for binding on A.

(Don't feel you must stick to this layout. If you are making many caps, you might want to make the best use of your fabric by cutting several pieces at a time. In this case cut out the pattern from cardboard to make an easily traceable template. You can also piece strips to make the lengths of binding if necessary.)

3. Mark center top point on A as indicated on the pattern. Mark the top center of B (curved side is the top) using the fold line as a guide.



4. To make binding pieces fold the 42 inch strip and the 6 inch strip in half lengthwise and iron. Open the piece and fold each edge to the center fold line just made and iron. Fold the pieces a second time to create a double fold binding. On each end of each 42 inch piece open out the folds, turn in $\frac{1}{4}$ inch and refold. This will give a neatened end to the tie when complete. Set ties aside.



5. Pin pieces A to B right sides together along the edge from "1" all the way around the curve to "2" matching the marks for the top center of B with the top center of A. Stitch with a $\frac{1}{4}$ inch seam.



6. Overcast this seam edge using a short zig zag stitch or serger. Press the seam towards the B band piece and topstitch just along the edge of the seam.



7. Trim the ends of piece B even with the bottom end of A but parallel to the ends of B. Use the 6 inch piece of binding to enclose this edge, pin and stitch. Trim binding edges even with the unfinished bottom edge of B.



8. Fold the long piece of binding in half and attach this mid point over the center of the bottom of B piece. Pin. Pin the binding in each direction away from the center, over the unfinished edge of B, continuing past the ends of the cap to create ties.



9. Create the ties and enclose the unfinished bottom edge of B by stitching from the end of one tie, along the bottom of B, to the end of the second tie, backstitching at each end to secure stitching.

10. Finished!!

